



# NEURO TIMES

**UCI** Center for the Neurobiology  
of Learning and Memory

**Cracking the Memory Code Since 1983**



Dear Colleagues and Friends,

Welcome to the winter edition of the CNLM Newsletter. We are excited to share with you recent news and research updates from our faculty and students, as well as invite you to join us for upcoming colloquia and events.

We are thrilled to host the [26th Annual Distinguished Lecture on Brain, Learning and Memory featuring Patricia Churchland, Ph.D.](#), neurophilosopher and professor emerita at UCSD. RSVP early as we expect this event to fill up quickly.

Catch up on learning and memory updates by browsing the topics below.

- [Research Updates](#)
- [News and Highlights](#)
- [Upcoming Events](#)
- [We're Social!](#)

On behalf of the CNLM family, I'd also like to wish you and your loved ones a joyous holiday season.

Sincerely,



**Michael A. Yassa Ph.D.**

Director, Center for the Neurobiology of Learning and Memory

*P.S. Please consider making [year-end donation for the Director's Excellence Fund](#). A gift to this area will support the CNLM's highest priorities. Help us with our mission to "crack the memory code."*

[Donate Today](#)

[Find Out More](#)

## Research Updates

---



**[Using stimulants to cram for exams ruins sleep and doesn't help test scores](#)**

New research from CNLM fellow Sara Mednick's Sleep and Cognition Lab finds that nonprescribed psychostimulants impair sleep and working memory.

[Read More](#)

**[Fake news can lead to false memories](#)**

CNLM Fellows Elizabeth Loftus and Linda Levine co-author a new study on how fake news can lead to false memories.



[Read More](#)

## News and Highlights

---



### [Alumni Spotlight: Kyle Ellefsen](#)

Maria Montchal sits down with Kyle Ellefsen, a recent UCI alumni, for a Q&A about his time at UCI and how it prepared him for a career outside academia.



[Memory Expert Dr. Daniel L. Schacter provides a comprehensive overview of the “Seven Sins of Memory” to a packed house at the Irvine Barclay Theatre](#)



### [Exploring humanity’s final frontier](#)

UCI Brain Launch Event kicks off an



[Two CNLM Fellows Honored as AAAS Fellows](#)



ambitious campus effort to expand the horizons of neuroscience research

Congratulations to the two CNLM Fellows who have been named fellows of the American Association for the Advancement of Science (AAAS)



[CNLM Fellow Katherine Thompson-Peer  
Featured as a Rising Star in Neuroscience](#)

Article featured in *The Scientist*



[New CNLM Fellows Announced](#)

The CNLM welcomes six new fellows.

## Upcoming Events

---

Monday, Jan. 27  
7:30 - 8:30 p.m.

**26th Annual Distinguished Lecture on Brain, Learning and Memory featuring Patricia Churchland, Ph.D., Neurophilosopher and Professor Emerita, UCSD**

*Conscience: The Origins of Moral Intuition*

Irvine Barclay Theatre

[RSVP Today](#)

Tuesday, Jan. 28  
11:00 a.m. - 12:00 p.m.

**CNLM Colloquium Series: Autumn S. Ivy, Ph.D.**

*Exercise during early life enables memory and synaptic plasticity: role of the epigenome*

[Find Out More](#)

Saturday, Feb. 8

**Irvine Brain Bee**

High School students compete for the chance to compete at the USA Brain Bee.

# We're Social!



## *Featured Instagram Post*



[#throwbackthursday](#) to CNLM's Fall Brainfest! 🧠🍁

